

Feeding Program

Are meal times frustrating and difficult for you and your family? Many children with feeding problems demonstrate difficulty drinking from a bottle or cup, eating solid foods, and gaining weight. They may also gag, cough, choke, and avoid certain textures and appear disinterested in eating.

Our **Feeding Program** is designed to help children improve their acceptance of new or undesired foods and improve their sensory and oral motor feeding skills. A qualified Occupational Therapist and/or a qualified Speech-Language Pathologist will complete a comprehensive evaluation of the child's feeding skills and a team approach is implemented to develop a fun and functional plan for the problem eaters and their families.

Intervention may include individual sessions and/or small group sessions that have the added benefit of learning through peer interactions.

Goals of the program include:

- o Learning to have positive food experiences and reduced anxieties surrounding foods
- o Increasing the variety of foods a child will eat for improved nutrition
- o Improving strength, tone, and coordination of muscles needed for eating and drinking
- o Being able to enjoy meals as a family at home or at restaurants

Pediatric Therapy Partners. Always reaching further - to help your child laugh, love, and live life to its fullest.

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