

Therapeutic Listening

Therapeutic Listening is an evidence-based intervention used to support children who are experiencing challenges with sensory processing dysfunction, listening, attention, and communication through listening to music that is modified through electronic filtering to address these challenges.

A certified therapist creates an individualized Therapeutic Listening program that is carried out at home, daycare, or in the classroom for two to six months.

Benefits may include:

- **Increased attention and ability to follow directions**
- **Increased social skills & play skills**
- **Improved ability to transition and accept changes in routine**
- **Improved sleep pattern, bowel and bladder control, and eating**
- **Improved motor planning and spatial awareness**
- **Increased ability to regulate energy level and moods**
- **Decreased auditory sensitivity**

Pediatric Therapy Partners. Always reaching further - to help your child laugh, love, and live life to its fullest.



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