

Feeding Program

Are meal times frustrating and difficult for you and your family? Many children with feeding problems demonstrate difficulty drinking from a bottle/cup, eating solid foods, and gaining weight. They may also gag, cough, choke, and avoid certain textures and may appear disinterested in eating.

Our feeding program is designed to help children improve their acceptance of new or undesired foods and improve their sensory and oral motor feeding skills, in order for the child to achieve adequate nutrition. A Speech-Language Pathologist and an Occupational Therapist will complete comprehensive evaluations of the child's feeding skills and a team approach is then used to develop a plan for the problem eaters and their families.

Pediatric Therapy Partners offers a feeding program with a fun and functional approach in individual or small group sessions. Group sessions have the added benefit of learning through peer interactions.

Feeding Program Goals/Outcomes:

- To learn to have positive experiences with food and decrease anxieties surrounding foods.
- Increase the variety of foods a child will try and improve intake for appropriate nutrition.
- Improve strength, tone and coordination of lips, cheek, tongue and jaw.
- Assist in seating and positioning needs for eating.
- Improve oral sensory awareness of food on the face and in the mouth.
- To be able to transition to advanced textures.
- To be able to enjoy meals as a family at home or restaurants.



701-232-2340

Physical Therapy
Occupational Therapy
Speech-Language Pathologist

www.pediatrictherapypartners.com

