



# Pediatric Therapy Partners

PHYSICAL THERAPY • OCCUPATIONAL THERAPY • SPEECH-LANGUAGE THERAPY

3003 32<sup>nd</sup> Avenue South • Suite 9 • Fargo, ND 58103 • Phone 701.232.2340 • Fax 701.232.2330

[www.PediatricTherapyPartners.com](http://www.PediatricTherapyPartners.com)

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## Dear Parent:

Having a child who does not feed well is a worrisome, frustrating, confusing and at times, medically concerning problem. We, at Pediatric Therapy Partners, understand how complex feeding difficulties can be. Because of these complexities, we believe it is important to look at the 'whole' child and to assess all the possible contributing factors in a feeding problem through the use of a Multidisciplinary Evaluation Team. Our Team is made up of an Occupational Therapist and a Speech-Language Pathologist. We are all committed to helping you and your child identify what is interfering with your child's eating and how to improve their growth and interactions with food.

In order to best help us prepare for your child's evaluation, we would like you to carefully read over the following information and to complete the enclosed forms; **the Family and Medical History Form, Feeding History Form, 3-Day Diet History, Sensory History, and Patient Acknowledgement Form**. Please complete the forms in as much detail and as readable as possible. Many items on the forms can be simply answered by checking YES or NO in the appropriate space. If you give a YES response, please explain this answer thoroughly in the space provided or on the back of the page. If you can not, or wish to not answer a question, leave it blank. If a question does not apply to your child, you may write in NA for 'not applicable'.

Please return your completed forms by mailing them AT LEAST 1 ½ WEEKS in advance of your scheduled appointment date. If you are not able to mail them before the one week deadline, please just bring the forms with you to the appointment so that they are not caught up in our mail system. **IF YOU ARE BRINGING YOUR FORMS WITH YOU TO YOUR APPOINTMENT, YOU NEED TO ARRIVE AT LEAST 15 MINUTES PRIOR TO YOUR SCHEDULED APPOINTMENT TIME SO OUR STAFF CAN REVIEW THE PAPERWORK.**

Our mailing address is:

Pediatric Therapy Partners  
3003 32<sup>nd</sup> Avenue South Suite 9  
Fargo, North Dakota 58103

**Your child's appointment is scheduled for:** \_\_\_\_\_

## **THE FEEDING APPOINTMENT:**

On the day of your appointment, the Evaluation Team will be observing your child, yourself and preferably all other major caretakers having a snack together. The Team will observe from behind a one-way mirror so as to not disturb your child with a large number of strangers. One of the Team members will be assigned as your Case Manager, and they will ask you any questions the Team has after completing the observation and reviewing the information you sent to us. Your Team members will also be sharing with you the Team's recommendation after reviewing all of the assessment information that was provided to them through completed forms and their observations during the evaluation.

For the appointment, we would like you **to bring at least 2 foods of different textures and 1 drink that your child will most likely eat, and at least 1 food your child will most likely refuse.** We want to be able to evaluate your child's current skill level, as well as determining how they handle more challenging foods.

Please also **pack your child's preferred utensils, cup, bottles and dishes** to make the assessment situation as 'home-like' as possible. We find it helpful to explain to older children that you are packing a "picnic" to eat together at Pediatric Therapy Partners, and that these therapists are to help children and families learn to eat better together.

We would also ask that you give your child only a light breakfast on the day of their appointment and that you **NOT feed them for at least 1 ½ hours before** their scheduled appointment time.

If you have any questions about this information or the forms you are to complete, please feel free to call Pediatric Therapy Partners at (701) 232-2340.

Sincerely,

Pediatric Therapy Partners